



MEADOWS MATTERS

This bulletin is the newsletter of the Rotary Club
of Greenmeadows, Napier, New Zealand



Bulletin 2024-25 No. 15
9th October 2024

HEALTH & DISABILITY ADVOCACY

Welcome

President Chris having returned from other chores, welcomed 35 members and two visitors - Guest speaker Juliet Hawley and John Waldin, a guest of Mark Dickerson's



Opening thought (extended by Garth Eyles)

As we get older, as many of us are, it is becoming more and more difficult to be positive about the wider world environment. However, it is easier to be more positive about our local environment, especially when we become involved with its protection and enhancement. Spending a couple of hours at the beach with a great group of people looking after our environment is very positive. We should all try it.

Welfare



Stuart Cheyne reported that "all is well" though Hugh Robertson up in Tauranga, is hoping to get clearance next month to have surgery.

Announcements

Stewart Skeet notified members of an upcoming fund raiser for the Waipukurau Rotary Club. Former Deputy PM Don McKinnon is speaking at the Civic Theatre in Waipukurau on 21st October. See the Rotary website for more information if interested in going along.

Gardening Garth thanked all the members who have been helping at *The Gap*. Anyone interested can join Garth and other members every first Monday of the month, the next one being 4th November.

Ross Pinkham shared the dates for the New year working bee at Camp Kaitawa. Notice to sign if interested will be circulated over the next few meetings. (*More on this below.*)

Ross also reminded members that at our meeting on 23rd October we will recognize World Polio Day (24th) & encouraged members to wear red or purple to that meeting. Non participation will result in purple nail varnish being applied to your nails! A framed photograph of Pania of the Reef will be auctioned on the night to raise funds for End Polio Now. (*Again – see more below.*)

John Reid shared a video of Bill Gates personally thanking Rotary for the End Polio Now campaign to totally eradicate Polio in the

Officer Holders 2024-25

District Governor Nick Dangerfield
Dist. Gov. Elect Ken Smith
Community Leader Grant Spackman

President Christine McKenna
Secretary Ken Hunt
Treasurer Graeme Muir
PE & Club Admin Carol Charman
Membership & PI John Mackintosh
Service Projects Denise Brown
Youth Gill Scarlett
Foundation Ross Pinkham
ArtEx TBA

Meetings

Weekly: Taradale Town Hall
Wednesday 6.00pm
Fellowship 5.30pm

Firesides: 1st Wed
Directors: 2nd Wed

Coming Up:

Polio Day on 23-24 October
Our Christmas Function @ Linden Estate 15th Dec.

Leave of Absence

Kevin McC, Trevor P, Denise P & Jenny R - ongoing
Robert Pearson to 17/09

Website/Club Contacts

Our Facebook site
<https://www.facebook.com/greenmeadowsrotary>

Our website
www.greenmeadowsrotary.co.nz

President Chris:
mckennachristine530@gmail.com

Secretary:
administrator@greenmeadowsrotary.co.nz

Apologies:
GR.apologies@gmail.com (**before 2pm Tue**)

world. Thanks to Rotary and the Bill Gates Foundation, which matches every dollar raised by Rotary 2:1, polio has been eradicated in hundreds of countries.

Sergeant's Session

Sergeant Mark Dickerson relieved members of their hard-earned cash by asking them to own up to how bionic they are. He fined members for having prosthetic hips, knees, ankles and looking at other surgeries they have been subjected to. He also fined Ross Pinkham for being the worst rat / mouse catcher in HB despite having four traps at Kaitawa and no catches. (*This fact is under dispute - see evidence below! Ed*) Mark finished the Sergeant's Session any quizzing members with some tricky questions about Rotary.



JULIET MAWLEY ON HEALTH & DISABILITY ADVOCACY

Goeff Bibby introduced our evening's speaker, Juliet Mawley, talking about being a Health and Disability advocate. Hawkes Bay born and bred, "Jules" lives in Havelock North. She became interested in the advocacy pathway following her own experiences when she was diagnosed with Stage 3 breast cancer. She found the whole patient journey very taxing on her mental health and it took her a couple of years to recover. Following this, at the age of 44, she enrolled to study mental health and addiction.

Jules' role is with the advocacy service for Hawkes Bay, which is always very busy. She shared a little about the history and inception of the NZ advocacy service. Set up in 1996, this came about following sweeping changes in law and practice around health and disability services' consumers' rights as a result of the 1988 cervical cancer inquiry headed by former Governor-General Dame Silvia Cartwright.

There are currently 26 health and disability advocates in New Zealand. Jules covers the whole of Hawkes Bay. As well as providing an advocacy service for the wider community, Jules also helps to support prisoners and those looked after by corrections. She helps her clients to navigate pathways, helping individuals to right wrongs that they or loved ones have experienced. The aim is to get resolution and to bring about changes to processes or policies where needed.

The code of consumers rights lists 10 rights that all consumers of health practices are entitled to. These include respect, fair treatment, appropriate standard of care, effective communication, receiving full information, informed choice and consent, support and the right to complain.

Advocates can question timeframes for clients but not demand treatment for them, for example helping clients facing long waits for joint replacement surgery through the public health system. Jules helps clients by arranging face to face meetings or communicating with health providers on their behalf or can supply templates and information if clients wish to approach health providers themselves to make a complaint.

Why do people complain? Something happens to them or goes wrong. Most of the time they just want to be listened to and to have answers to their questions. Quite often they are not happy with an outcome and want the opportunity for this to be addressed so that it doesn't happen to anyone else.

Jules shared some examples of cases she has been an advocate for and the process that brought about a resolution for the individuals and families concerned. Members had an opportunity to ask questions. Helen Tattersall gave the vote of thanks, presenting a bottle of wine to thank Jules for giving up time to talk to the club about a valuable service available to all consumers of health care.



Closing thought (Garth Eyles)

"Earth provides enough to satisfy every man's needs, but not every man's greed." (Mahatma Grandi)



MISCELLANEOUS MEADOWS MATTERS

A RANDOM RHYME

The spring is sprung, the grass is riz
I wonder where them birdies is?
Some say the bird is on the wing
But how absurd to say the bird is on the wing
When the wing - is on the bird!

(Borrowed and supplied by *Pat the Poet*)



TECHNOLOGY TALK

The planned "Techo Talk" took place at the Summerset Palms Resort in Te Awa last Sunday. Perhaps our member's technical needs were not as great as we anticipated for the participation was not as great as expected, with three apologies, three members attending, and three tutors! In an hour or so, Ross, Bob & Ian guided the students through the various sites in an attempt to show the vast amount of Rotary information available on line. Those attending seemed very happy and comments from the "students" included:

"The lesson provided an insight into the availability of so much valuable and helpful information to understand and support the different roles in our own Rotary club."

"I found it very informative and was amazed at the information that is readily available on the internet. Also, the useful courses one can take online. Thanks to the tutors"

"The tech session conducted on Sunday was enlightening. There is so much there on the Rotary.org and District 9930 websites. We were guided through the website by in a very logical and clear way."

WORDS & IMAGES THIS WEEK

The words this week came from sterilised pen of medical professional Helen with images again provided by the secret cameras of two old detectives.

Meal & Menu



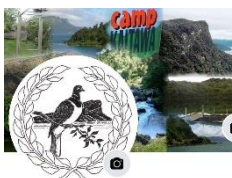
Panfried Loin of Pork

Coming up soon



Wear red or purple or you will be painted!

CAMP KAITAWA – THE MYTHS & THE REALITY



Camp Kaitawa

The **Camp Kaitawa Work Week** is to be held from Sunday 5th to Friday 10th January. Throughout 2024 the Trust members and other helpers have been doing odd jobs, maintenance, building and general tidying up of Camp Kaitawa. In January the Work traditionally sees a few extra jobs to be done - painting, clearing of vegetation, checking on maintenance and equipment. It's a fun week had there, and there is time each day to relax and enjoy the surroundings of the Urewera National Park.

Please add the dates to your diary and if you are keen to find out more about it, or are keen to attend – contact Graeme Muir or Ross Pinkham. (Please note positive evidence of rodent extermination. Ross has been catching rats for years→)



ROSTER OF DUTIES

Date	October 16th	October 23rd
Programme: Guest Speaker	Bruce Ngataierua Napier Planetarium	Mary Ellen Warren Polio Survivor
Host and Thoughts	Bob Brady	Wal Drayton
Top Table introduce Speaker	Edwin Brown	Frank Heuser
Vote of Thanks	John Reid	Les Mockford
Cashier	Gail Kelly	Peter Thompson
Three Minute Speaker	-	-
Sergeant	Brian Anstis	Curly Carpenter
Stewards <i>One per table and the named Members to clean up</i>	Alan White Robert Pearson	Kelvin Winnie Graeme Ryan

UNABLE TO PERFORM DUTY or an ABSENCE COMING UP

***If you cannot perform a rostered duty, YOU must arrange a substitute and advise the President of this.
If you are going to miss a meeting, email the apologies link and if you have a long-term absence planned,
write to the Secretary seeking "Leave of Absence."***

NOW – POLIO NEWS AS WE PREPARE FOR POLIO DAY A Polio Survivor Shares her Story

After Susanne contracted polio at four years old, she was paralysed from the waist down and kept isolated in hospital for a year, only able to see her parents through a window.



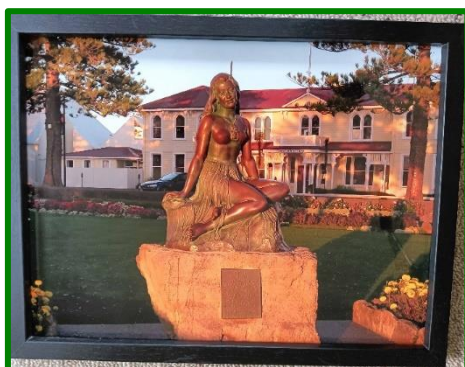
Despite eventually recovering from the paralysis and undergoing multiple remedial operations, Susanne now experiences the ongoing effects of post-polio syndrome, a disorder that can cause muscle weakness and loss, joint degeneration, fatigue, joint and muscle pain, and breathing and swallowing problems.

Unable to walk distances, Susanne uses a wheelchair when she goes out.

"Polio hits you twice. There are hundreds of thousands of Australians now living with post-polio syndrome because there was no vaccine when they were children, so I can't stress enough that it's really important to put an end to polio once and for all. "My message is to keep your vaccination schedule up, including anti-polio immunisation. All parents need to ensure their children are vaccinated for every childhood disease.

"Just because we don't have polio in our region right now, it doesn't mean it can't come back.

People travel so much; we need to take the lessons from COVID. "Polio spreads in a very silent way, and we only need to get some travellers come in who have got the polio virus in their body without knowing and give it to somebody else quietly, to have polio back in our region." "So, I must stress that polio will remain at bay in our region as long as parents and grandparents are really cognisant of keeping the childhood vaccination rates up."



←And at our meeting on 23 October, our local Polio Survivor & Speaker Mary Ellen Warren has donated this picture, which will be auctioned on the night as a contribution to polio eradication.

Also contributing to the polio eradication (sound effects) problem this week, John Reid holds the → microphone to the computer to convey the message of Bill Guests to our listening members! (Is there is no end to our skills. Ed)





#31 – October 6, 2024

1' to discover an aspect of Rotary

Our commitment to diversity, equity, and inclusion

At Rotary, we understand that cultivating a diverse, equitable, and inclusive culture is essential to realizing our vision of a world where people unite and take action to create lasting change.

We value diversity and celebrate the contributions of people of all backgrounds, across age, ethnicity, race, color, disability, learning style, religion, faith, socioeconomic status, culture, marital status, languages spoken, sex, sexual orientation, and gender identity as well as differences in ideas, thoughts, values, and beliefs.

Recognizing that individuals from certain groups have historically experienced barriers to membership, participation, and leadership, we commit to advancing equity in all aspects of Rotary, including in our community partnerships, so that each person has the necessary access to resources, opportunities, networks, and support to thrive.

We believe that all people hold visible and invisible qualities that inherently make them unique, and we strive to create an inclusive culture where each person knows they are valued and belong.

In line with our value of integrity, we are committed to being honest and transparent about where we are in our DEI journey as an organization, and to continuing to learn and do better.



The Rotarian Minute is a creation of District 1700. Please send any comments or suggestions to laminute1700@gmail.com

Next week at home and - looking at the sky!

