



# MEADOWS MATTERS

Weekly bulletin of Greenmeadows Rotary Club



SERVE TO CHANGE LIVES

No. 2022-27		2 February 2022
<p><b>OFFICE HOLDERS 2021-22</b></p> <p><b>President</b> Jenny Robertson  <b>Secretary</b> Ken Hunt  <b>Treasurer</b> Graeme Ryan</p> <p><b>DIRECTORS</b></p> <p><b>Club Admin</b> Helen Tattersall  <b>Members &amp; PI</b> Kelvin Winnie  <b>Service</b> Denise Brown  <b>Youth</b> Gail Kelly  <b>Foundation</b> Graeme Muir  <b>Artex</b> Bryan Matthews</p>	<p><b>MEETINGS</b></p> <p><b>Weekly:</b>          Taradale Town Hall          Wednesday 6.00pm          Fellowship 5.30pm</p> <p><b>Firesides:</b>          First Wednesday of month</p> <p><b>Directors:</b>          Second Wednesday of Month</p> <p><b>Apologies to:</b>  <a href="mailto:GR.apologies@gmail.com">GR.apologies@gmail.com</a>          (before 8.00am on Wednesday)</p>	<p><b>UPCOMING EVENTS</b></p> <p>Art Deco – Feb          Kelvins GECF Run - Feb          RYPEN - April          Dist.Conference - May</p> <p><b>Leave of Absence:</b>          Edwin Brown – 30 Mar          Brian Hall – 9 to 23 Feb          John Hanlen – to 23 Feb          Ian Holyoake – to 13 Apr          Barry Keating – to 15 Jun          John Mackintosh – to 15 Jun          Ian McKelvie – Ongoing          Mort Nikolaison – Ongoing          Dennis Thetford – to 1 Jun          Natalya Latysheva – Ongoing</p>

## Meeting 26 January 2022

Club Administration Committee representative Carol welcomed members and provided instructions on how we were to manage Traffic Light Red requirements to keep each other safe; keep your mask on unless you are eating or drinking and stay at the same table for the duration unless you have a duty to perform.

## DUTY ROSTER (\* denotes change from previous roster)

Date	February 9 <sup>th</sup>	February 16 <sup>th</sup>	February 23 <sup>rd</sup>	March 2 <sup>nd</sup>
Programme: Guest Speaker	<b>Waitangi Park</b> <b>Garth Eyles</b> (But normal meal)	<b>Ian Wilmot</b> <b>Rescue Helicopter</b>	<b>Steph Rotorangi</b> <b>CEO Napier City</b> <b>Council</b>	<b>Firesides</b>
Opening thought Top Table (introduce Speaker) Vote of Thanks Cashier Club Host & Closing Thought Three Minute Speaker Sergeant	Doug Neilson  Les Mockford Bob Brady	Gail Kelly Peter Thompson John McIntosh Brian Pelope Stewart Skeet John Nelson Steve Gillum	Robert Pearson Mark Dickerson Bryan Matthews Curly Carpenter Stewart Cheyne Hayley Gibson Geoff Bennett	Artex Committee
Stewards	<b>One from each table then the following two to vacuum afterwards</b>			
	Barry Keating Graeme Muir	Lynne Gibson Brian Anstis	Gill Scarlett Neil Smith	TBA

**IF you are unable to perform your duty YOU must arrange a substitute and notify President Jenny of the change. It's not too hard and is a courtesy to our president and assists the smooth running of our meeting.**

**Opening Thought:** Ken offered a prayer seeking guidance for the foibles of getting older:

*Dear Lord. We are getting older. Keep us from the fatal habit of thinking that we must say something on every subject. Release us from the craving of always knowing the answer. Keep our mind free from the recital of endless details; give us wings to get to the point. Teach us*

*the glorious lesson that occasionally we may be wrong. And give us the ability to see good things in unexpected places and talents in unexpected people.*

**Welfare** – Stuart reported that Mort is showing progress, Jill Hanlen is very well, Steve Gillum is in hospital, Peter Brown was having cataract surgery on 3<sup>rd</sup> Feb, Curly Carpenter is improving and Sally Muir was in hospital for tests.

#### **ANNOUNCEMENTS:**

**Cycling Without Age.** Allan White reported on the establishment of a new trust which is in the process of setting up in Napier to provide electric-assisted trike rides of around 40-60 minutes duration for the elderly or to others separated from normal society through illness or social isolation. The trike has been shipped and the trust is seeking support from interested individuals as pilots (slow pedal pushers, story-tellers and good listeners all at the same time) or assisting the trust in other ways (trainers, marshalls, bike mechanics, social media promotions etc). See the brochure at the end of this bulletin.

**Kelvin Winnie** persists with torturing himself by completing a 102 Km run for charity. So far he has over \$2,000 in pledges for Every Child Gets a Future and Tongan Relief. The plan is to head out on Saturday 12<sup>th</sup> February and run the local Rotary trails; Anderson Park to Bayview, out to Waimarama and Craggy Range and returning to Anderson Park to finish. Let's get out and support him.

**Denise Brown** advised that Art Deco is now expected to reduce significantly in scale with the main activities being spread along marine Parade to meet COVID safety requirements. Club members will still be required to assist and a new roster will be distributed once the details are confirmed.

#### **PARTING THOUGHT:**

**Alan White** again took the floor to present the parting thought:

*"One of the advantages of being disorderly is that one is constantly making new discoveries"*

---

**A water bearer in India had two large pots; each hung on the ends of a pole which he carried across his neck.**

**One of the pots had a crack in it while the other pot was perfect and always delivered a full portion of water. At the end of the long walk from the stream to the house, the cracked pot always arrived only half full.**

**For a full two years this went on daily with the bearer delivering only one and a half pots full of water to his house. Of course, the perfect pot was proud of its accomplishments, for it was perfect and always arrived full and brimming with fresh water. But the poor cracked pot was ashamed of its own imperfection and miserable that it was able to accomplish only half of what it had been made to do.**

**After two years of what it perceived to be a bitter failure, the cracked pot spoke to the water bearer one day by the stream. "I am ashamed of myself" said the cracked pot. "I want to apologise to you. I have been able to delivery only half my load because this crack in my side causes water to leak out all the way back to your house. Because of my flaws, you have to do all of this work, and you don't get full value from your efforts."**

**The bearer said to the pot "Did you notice that there were flowers only on your side of the path, but not on the other pot's side? That's because I have always known about your perfect flaw so I planted flower seeds on your side of the path. Every day, while we walk back, you've watered them. For two years I have been able to pick these beautiful flowers to decorate my table. Without you being just the way you are, there would not be this beauty to grace my house."**

Indian fable, author unknown



Cycling Without Age is  
Coming to Napier



You are never too old  
to feel the wind  
in your hair.

## CYCLING WITHOUT AGE NAPIER

What is Cycling Without Age?

Cycling without Age (CWA) is an international programme where volunteer pilots offer free rides to the elderly or to others separated from normal society through illness or social isolation.

Our Vision

Our vision is to establish a Napier Chapter and join the 2500 chapters already doing the mahi in 51 countries throughout the world.

I have become a “registered affiliate” of CWA which means I have been granted the privilege of starting a “Chapter of CWA in Napier”.



## CWA GUIDING PRINCIPLES

Generosity.

Pilots will be generous by the giving of their time freely to enable their passenger to enjoy the chance to feel the wind in their hair.

Slowness.

Taking time allows you to sense the environment and be present in the moment. It allows people you meet along the way to be curious and gain knowledge, because you make time to stop and talk.

Storytelling.

Older adults and those experiencing lonely journeys all have interesting stories to tell. Our pilots will listen, engage and through their stories retain those special memories.

Relationships.

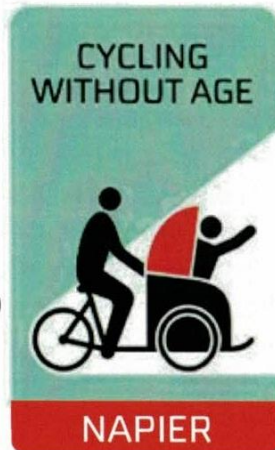
The CWA service will cross many layers of society and create new relationships and inter-generational friendships between participants and pilots.

Without Age.

Life evolves at all ages, young and old and can be thrilling, fun, sad, beautiful and meaningful. CWA is about letting people age in a positive context.

## ALL OUR PILOTS WILL :

- Be required to submit a NZ Police check
- Undertake training to become completely familiar with riding an electric Triobike
- Ride only on approved designated routes from point of departure.
- Accept that the health and safety of passengers is paramount. Trips will be periodically reviewed, and passengers approached for feedback. Ride Marshalls will accompany pilots on initial rides while experience is gained.
- Adhere to the CWA principles and be generous with their time, making the outings happy through prompting and listening to stories, cycling slowly and ensuring passengers can “feel the wind in their hair”.



## CYCLING WITHOUT AGE NAPIER is looking for:

### Passengers

We have already received positive feedback from conversations with retirement villages, providers of social housing for the elderly and medical provider organisations. We will establish partnerships with these organisations as we grow.

### Pilots

We have established a register of people interested in becoming Pilots. All Pilots undergo a thorough training process before being approved.

### Trainers/Marshalls

We are looking for experienced cyclists to take on the role of training and assessing Pilots.

### Bike Mechanics

We are seeking volunteer experienced electric bike mechanics.

### Media

A person skilled in social media

If you are interested in participating in any of the above, please contact Alan. His details are on the back panel.

## CYCLING WITHOUT AGE FACTS

As of March 2021

- Invented in 2012 in Copenhagen
- Represented in 51 countries
- 2,500 chapter locations
- 3,500 trishaws
- 35,000 trained cycle pilots
- Over 1.9 million people served
- Oldest pilot is 90 (Jørgen Hass, Denmark)
- Oldest passenger [Edith Green, 108, from Bournemouth](#) (sharply followed by youngsters Gerda Mathiasen, Dragør/Denmark, Madam Yeo lu, Singapore, and Dagny Carlsson, Sweden, all 107)

## CYCLING WITHOUT AGE

Contact Alan on  
0274 302 702

or email  
[CWA.Napiernz@gmail.com](mailto:CWA.Napiernz@gmail.com)